

2025 Festive Season Information

Hampers, food relief and other wellbeing resources for the Festive Season



Uniting Ballarat

Gift card for households, gifts for children 0-12 years, gift or experience pass for those ages 12-17

105 Dana Street, Ballarat

5332 1286

unitingvictas.org.au/locations/ballarat-105-dana-street

Registrations: Open 3rd November and close 28th November. Register in person at Uniting Ballarat 105 Dana St, Ballarat, Mon - Fri 9.30am - 4.00pm. Please bring your health care card

Distribution date: Tues 16th and Thurs 18th December.

Reverse Advent Calendar

Hampers and Big Blessing Day

York St Church of Christ

410 York St, Ballarat East

To receive a Reverse Advent Calendar box and participate in the Big Blessing Day, please register through one of the following agencies: AngliCare, Salvation Army, Uniting, or St Vinnies.

Once registered, you'll receive a designated time slot to collect your box

Big Blessing Day: attendees can enjoy a variety of offerings, including fresh fruit and vegetables, toiletries, and gift items. Plus, there will be a free BBQ, hot and cold drinks, fairy floss, popcorn, face painting, a balloon artist, and a petting zoo!

This is a free event for everyone registered to receive a Reverse Advent Calendar box

Collection Date: Wednesday, December 17th at York St Church of Christ during Big Blessing Day

Soup Bus

Ballarat On Track Foundation - free hot dinner
Corner of Eyre Street and Doveton Street
South, Ballarat (Camerons Welding and Industrial Supplies)

0411 090 033

ontrackfoundation.org.au

Mon - Thurs 7.30pm - 9pm

Sun 5.30 pm - 7.30pm

(no registration required)

Sit In Service: Free 2 course meal
14 Violet Grove, Wendouree
Every Tues & Thurs 6:30pm - 8pm
Operated 52 weeks a year. **Closed New Year's Eve.

Salvation Army

Gift card & toys for children 0-12yrs

102 Eureka Street, Ballarat

5337 0600

salvationarmy.org.au/ballarat

Clients or workers with clients need to present at the Salvation Army to register for assistance.

Registrations: Friday Nov 3rd - Fri Nov 28th, between 10am - 12.30pm (Mon - Fri), please bring your Health Care Card. Distribution dates will be provided at time of registration

Ballarat Seventh Day Adventist Church

Emergency Food Distribution Programme

1290 Grevillea Road, Wendouree

4368 7089

ballaratadventist.com.au

Soul + Food: Donation requested for a trolley of groceries (pantry staples, frozen items and fresh food).

Thurs 10.30am -12.30pm (until 18th Dec.

Re-opening 22nd Jan, 2026)

All welcome - registration required

Community Christmas Carols:

Thurs 18 Dec. Light supper provided at 6pm.

Carols 7pm

Hilltop Church

Food bank, frozen meals, Christmas hampers

17 Dawson Street, Ballarat

5331 5957 (leave a message if unattended)

harvestfoodministry.org.au

Closed: 27 Dec - 3 Jan

Food Bank: Fresh produce Friday 1.30pm - 2pm (Closed 27 Dec & 5 Jan)

Frozen Meals: available - please email office@hilltop.church or call to arrange

St Vincent de Paul

Christmas Hampers, voucher

Christmas Hampers: register directly at the SVDP Assistance Centre from November (limited amount available)

Help Line: 5334 2844 Mon - Fri
Please record a message. You will be contacted by phone when a volunteer is available.
The Help Line remains open over Christmas

St Vinnies Ballarat Assistance Centres

6 Dawson St Sth Ballarat.

Mon, Wed, Fri 10am -12pm

14 Violet Grove, Wendouree.

Mon, Wed, Fri 9.30am -11.30am

Christmas Closure:

Closed from Fri 13 Dec - Mon 6th

Ballarat Neighbourhood Centre

11 Tuppen Drive, Sebastopol

5329 3273

ballaratnc.org.au

Christmas themed community lunch 12th Dec

\$18 per person. Bookings required.

Centre is closed from 19th Dec to 12th Jan 2026

Y Ballarat

Bags of Joy & Bikes

Bags of Joy: Agencies nominate young people aged 12-21yrs for a Bag

NOMINATIONS CLOSE FRIDAY NOV 14 2025

*Bags of Joy are limited. We cannot guarantee all nominations will be successful
Nomination form & more info - yballarat.org.au/bags-of-joy

Agencies will be advised in early December if successful and when to collect from Y Ballarat, Barkly Square during business hours

ReCranked: bikes (3ys +) and brand-new helmet
Bikes are fitted to clients at the ReCranked workshop.

To request a bike for a child / young person contact Tom 0460 631 985 or recranked@yballarat.org.au

ReCranked Workshop open

Mon, Wed, Fri 2pm -5pm

Located at Wendouree West Recreation Reserve, 1 Holly Grove Wendouree

Anglicare Victoria

Vouchers and Toys

14 Victoria St, Ballarat Central

5333 0600

anglicarevic.org.au

Mon - Thurs 10.30am - 12pm

Clients need to present in person at Anglicare Victoria to register for assistance

Registrations: open early November
Collection dates and time will be provided to clients when they register.

Workers wanting to register and collect on behalf of a client need to contact Anglicare Victoria directly to discuss options by phone or email kimberly.boyd@anglicarevic.org.au

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On Christmas Day

Uniting Ballarat - BreezeWay

Christmas Sit down Lunch

102 Albert Street, Ballarat
5332 1286

unitingvictas.org.au/locations/ballarat-105-dana-street

Christmas Day - 11:30am - 1:30pm

Registrations: Open 3rd November, registrations close when capacity is reached
Register at BreezeWay, 102 Albert Street or Phone 53321286

Our Lady Help of Christian Church Wendouree

Christmas sit down lunch

OLHC Parish Hall: 482a Gillies Street North, Wendouree

Christmas Day - 12pm -2pm

Registrations: To book email call 0491 029 217 (leave a message with contact name and number). Bookings commence Nov 1st 2025.
Seating is limited - please book early

Beaufort Christmas Lunch

Christmas sit down lunch

Pyrenees Community House Christmas Day Lunch.

12pm. Cost \$10

Lunch will be held at the RSL Hall,
13 Willoby St, Beaufort VIC 3373
Bookings 0353493150



To ensure more individuals and families can access support over the festive season, some details will be collected by emergency relief serviced to prevent duplication and to gather data to inform the current need in our community.

Telephone and Online Services

For connection and support

Lifeline: 13 11 14

24 hrs

lifeline.org.au

For anyone in crisis

Beyond Blue: 1300 224 636

24 hrs

beyondblue.org.au

Anyone feeling anxious or depressed

Kids Helpline: 1800 551 800

24 hrs

kidshelpline.com.au

Counselling for young people aged 5 - 25

headspace: 1800 650 890

7 days 9am - 1am

eheadspace.org.au/online-and-phone-support/

Web Chat 7 days 9am - 1am

Online and phone support service for young people between 12 and 25

Aboriginal and Torres Strait Islander:

13 92 76 (24 hrs)

13yarn.org.au

24/7 Crisis support

LGBTIQ+: 1800 184 527

7 days 3pm - Midnight

qlife.org.au

Free LGBTIQ+ peer support and referral

Rainbow Door:

Call: 1800 729 367 or Text: 0480 017 246

rainbowdoor.org.au 7days 10am - 5pm

Rainbow Door is a free specialist LGBTIQ+ helpline providing information, support, and referral to all LGBTIQ+ Victorians, their friends and family

Culturally Diverse:

embracementalhealth.org.au

For anyone from a migrant or refugee background

Suicide Call Back Service: 1300 659 467

suidecallbackservice.org.au

For anyone thinking about suicide

SuicideLine Victoria: 1300 651 251

suiceline.org.au

Free 24/7 professional telephone counselling

StandBy Support After Suicide:

1300 727 247

For anyone bereaved or impacted by suicide

Family Relationship Advice Line:

1800 050 321

Weekdays 8am - 8am, Saturday 10am - 4pm

familyrelationships.gov.au

For families experiencing relationship or separation issues

Eating Disorders Victoria: 1300 550 236

eatingdisorders.org.au

Free and confidential service for people experiencing eating disorders or those who are supporting them.

Anxiety Recovery Centre Victoria (ARCVic):

1300 269 438 or 03 9830 0533

arcvic.org.au

Providing support, recovery and educational services to people and families living with anxiety disorders

DirectLine: 1800 888 236

directline.org.au

Confidential drug and alcohol counselling, information, and referral to services

National Debt Helpline:

1800 007 007

Weekdays 9:30am - 4:30pm

ndh.org.au

Live Chat Weekdays 9am - 8pm

Access resourced and advice from a private financial counselor

MensLine Australia: 1300 78 99 78

24 hrs

mensline.org.au

Counselling service offering support for Australian men and boys

Men's Referral Service: 1300 766 491

ntv.org.au

Offers assistance, information and counselling to help men who use family violence

Seniors Rights Victoria: 1300 368 821

seniorsrights.org.au

Provides information, support, advice and education to help prevent elder abuse and safeguard the rights, dignity and independence of older people.

1800RESPECT: 1800 737 732

1800respect.org.au

National sexual assault, family and domestic violence counselling line for any Australian who has experienced, or is at risk of, family and domestic violence and/or sexual assault

Safe Steps Family Violence Response

Centre: 1800 015 188 (24 hrs)

safesteps.org.au

Live Chat Weekdays 9am - Midnight

For anyone worried about the safety at home

Child Protection Emergency Service:

1300 360 462 Weekdays 8:45am - 5pm

13 12 78 After-hours

services.dffh.vic.gov.au/child-protection

Contact if you believe a child needs to be protected from abuse or neglect

The Orange Door: 1800 219 819

orangedoor.vic.gov.au

Support for people who are experiencing or at risk of family violence or need some family support.